

March 11, 2011

Dear Friends and Colleagues,

EGREPA provides a platform for researchers to exchange ideas and cooperate in joint projects. It also serves as a leader in creating expert opinions in the field of physical activity.

We look forward to another stimulating year. Our journal “The European Review of Aging and Physical Activity (EURAPA)” is being published by Springer, which entitles EGREPA members to receive the online issues of EURAPA for free! In addition, members have free online access to the following society journals published by Springer:

- Journal of Public Health
- Journal of Primary Prevention
- Journal of Behavioral Medicine
- Journal of Aging and Identity
- Journal of Clinical Geropsychology
- Sport Sciences for Health

EGREPA members are also entitled to a 20% discount on Springer books. You are invited to contribute a scholarly review on topics related to physical activity and aging.

Following the EGREPA tradition of conferences, the 12th EGREPA International Conference was held in Prague on September, 2010. Currently, we examine a few locations for the next EGREPA conference, which maybe held in Greece or in the UK. Please contact us, if you would like to organise an EGREPA conference. As soon as a decision is made, the information will be available at our site: <http://www.egrepa.org>. EGREPA members are entitled to 20% discount on EGREPA conference registration.

In between, we look forward to the 8th World Congress on Active Ageing, to be held in Glasgow 2012. Please pay attention to the invitation letter attached.

You are invited to join EGREPA or to renew your membership. Attached is our 2011 membership form. Please complete the form and send it to our treasurer's office in Münster, Germany (details on the form). Membership applications and renewals are also possible through our website www.egrepa.org. Please click on EGREPA - membership. For more information, please contact me.

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EGREPA Membership Application

European Group for Research into Elderly and Physical Activity

NAME: _____
INSTITUTION: _____
ADDRESS: _____
CITY/STATE/ZIP: _____
PHONE: _____
FAX: _____
E-MAIL: _____
SIGNATURE: _____
DATE: _____

Please **mail or fax this page to:** EGREPA
e-mail: michael.brach@uni-muenster.de
fax: ++49 251 83 32303
phone: ++49 251 83 32326

Please mark payment options for your **membership**

One year membership (2011)

40 Euro Individual 100 Euro Institution

Two years membership (2011-2012)

72 Euro Individual 200 Euro Institution

continuing membership (automatically renewal, until cancellation by member)

36 Euro Individual per year 100 Euro Institution per year

to be paid by: VISA Master

Card No. _____ Exp. Date: _____ CV2 No: _____

Signature: _____

Bank Transfer

Make bank transfer payable to:

Payee: European Group for Research into Elderly and Physical Activity
Account: IBAN: DE42 4005 0150 0034 2208 06 (Account No: 34220806)
Bank name: Sparkasse Muensterland-Ost (Swift-BIC: WELADED1MST , BLZ: 40050150)
Bank address: Weseler Straße 230, 48151 Münster
Reason for payment: EGREPA membership

Thank you very much! Michael Brach, Treasurer

Announcement

Glasgow 2012 - 8th World Congress on Active Ageing

Glasgow Caledonian University has teamed up with the BHF National Centre for Physical Activity and Health at Loughborough University to stage the 8th ISAPA World Congress on Active Ageing in Glasgow in 2012. Held every 4 years, this is the first time that this prestigious event will be held in the UK and the Scottish Exhibition and Conference Centre in Glasgow, will be the venue for this 5 day congress that will attract the world-wide community of researchers, policy makers and practitioners. The World Congress on Active Ageing is the principal professional meeting in the world whose goal is to disseminate information about the physical activity needs of older people.

“A celebration of diversity and inclusion in active ageing”

The 8th World Congress programme will be designed to celebrate the diversity of ageing and, in particular, will focus upon the needs of the oldest and frailest population, often excluded from both research and practice.

Key themes running throughout the Congress will highlight:

- Active environments (building, planning and technology/IT)
- Training of exercise, health and social care professionals
- Motivation to take up and adhere to physical activity and exercise
- Measurement of physical activity and exercise outcomes

Meeting professional needs

It is anticipated that the Congress will employ a thematic approach to deliver a series of strong one-day programmes to meet the needs of specific professional interests and topic areas. Suggested thematic days, mutually inclusive of the themes considered above will include:

- Working with those with neurological conditions and dementia
- Working with those with cardiovascular and respiratory conditions
- Working with those with mental health conditions
- Working to reduce falls and fractures and with those with musculoskeletal conditions

Congress Audience

The event will be of interest to a wide range of professionals including academics, policy makers and practitioners who are

concerned with the health and well being of older people from the biological, behavioural and social sciences as well as the fields of medicine, physical and recreational therapy, health, sport and exercise sciences, physical education, leisure and recreation and the social and caring services.

A focus on the oldest and frailest populations

This population group benefit immensely from inclusion in physical activity in terms of quality of life, social isolation and symptoms of long term conditions. The frail and those with long term conditions find access to and inclusion in exercise opportunities more challenging. Uptake and adherence is often poor and knowledge about the needs, motivators and barriers to physical activity in patient populations is a growing area of interest.

Communications

To assist the exchange of ideas and information and foster a community feeling throughout the event, the Congress will employ a range of communication activities including keynote papers, symposia, round tables, free oral sessions, satellite meetings, posters and informal and special interest groups.

A full supporting programme will include an exhibition and trade show, public participation and intergenerational events, social events and opportunities for delegates to explore Scotland.

Congress partners - ICAPA

The International Coalition for Aging and Physical Activity (ICAPA) is a network of organizations collaborating to assist each other in the study, development and delivery of active aging programs and services. The Coalition's ultimate goals are to advance the study of active aging and enhance the delivery of services to older adults across the globe. Active aging is the process of leading an active life in order to optimize health, happiness and autonomy as people age.

Put the date in your diary! 13-17th August 2012
Register your interest at www.wcaa2012.com

Current Congress Partners:

