

CORRECTION

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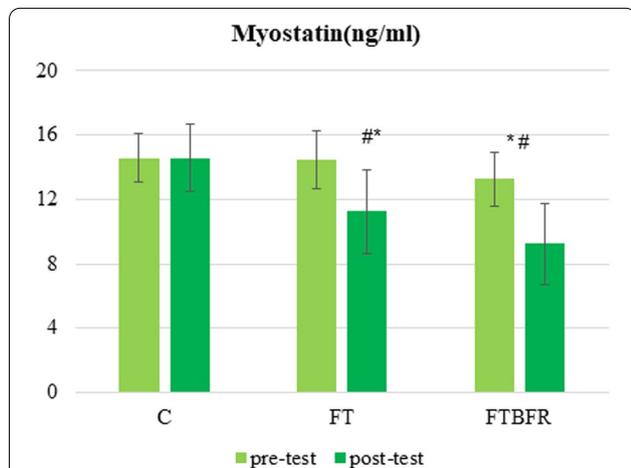


# Correction: Effects of functional training with blood occlusion on the irisin, follistatin, and myostatin myokines in elderly men

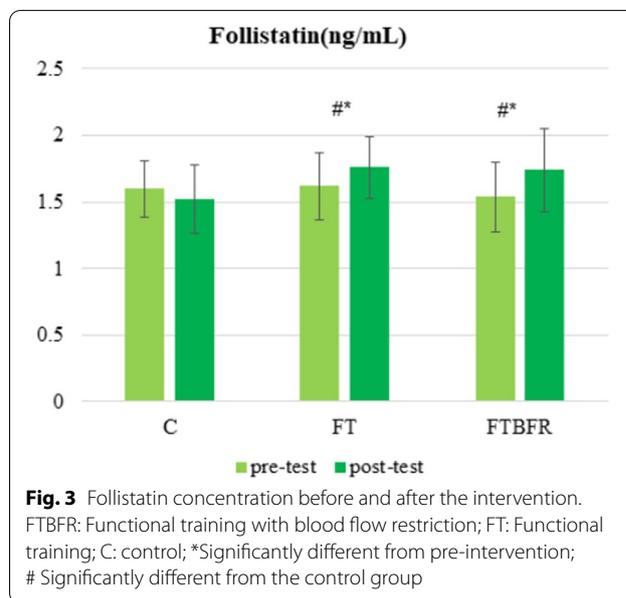
Fatemeh Pazokian, Sadegh Amani-Shalamzari\* and Hamid Rajabi

Correction: Eur Rev Aging Phys Act 19, 22 (2022)  
<https://doi.org/10.1186/s11556-022-00303-2>

Following publication of the original article [1], the authors identified errors in Figs. 2 and 3 (units were written incorrectly). The correct figures are given below.



**Fig. 2** Myostatin concentration before and after the intervention. FTBFR: Functional training with blood flow restriction; FT: Functional training; C: control; \*significantly different from pre-intervention; # significantly different from the control group



**Fig. 3** Follistatin concentration before and after the intervention. FTBFR: Functional training with blood flow restriction; FT: Functional training; C: control; \*Significantly different from pre-intervention; # Significantly different from the control group

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Reference

1. Pazokian F, Amani-Shalamzari S, Rajabi H. Effects of functional training with blood occlusion on the irisin, follistatin, and myostatin myokines in elderly men. Eur Rev Aging Phys Act. 2022;19:22. <https://doi.org/10.1186/s11556-022-00303-2>.

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\*Correspondence: [amani\\_sadegh@khu.ac.ir](mailto:amani_sadegh@khu.ac.ir)

Department of Exercise Physiology, Faculty of Physical Education and Sports Science, Kharazmi University, South Mofatteh Ave, Tehran, Iran



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